

Hotspurs Fo olub brochure



Hotspurs SC is the fastest growing club in western PA. Our player first model puts your son or daughter at the heart of everything we do. At Hotspurs SC we believe that building a soccer player is much like making a cake, layer by layer and with time we can make a very good player. To that end we approach development with the long term in mind. So if you are a parent not looking for overnight success for your budding soccer player but for a program that makes the best decision for each player then Hotspurs is the place for you.



President

Ron Hitchens

Director

Dan Grant

Director of Youth Development

Tom Ovenden (Tommo)

Technical Director

Harry Jennings

Academy Director

Boys
Peter Mulhern

Girls

David Flavius

Age Group Coordinators

Staff Coaches

BOYS TEAMS		GIRLS TEAMS		
Team Name	Coaching Staff	Team Name	Coaching Staff HC - David Flavius - National Youth Licence AC - Jordan Daloisio - D Licence	
U12B - Blue	HC - Peter Mulhern - NSCAA Nat Diploma, FA Level 2 Licence (UK)	U12G - Blue		
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U18B - White	HC - Mark Duffield - UEFA B License, NSCAA GK			



Southampton FC (THE SAINTS) Partnership

Hotspurs puts player development first with everything we do, so having one of the world's most successful academies as our consultants is a no brainer:

Gareth Bale Theo Walcott Alex Oxlade-Chamberlain

These are just a few of the names that have come from Southampton FC's academy and it's this experience that makes this partnership so exciting. Southampton FC will consult with Hotspurs on each of its programs to make sure it fits all the player development goals that Southampton FC has while assuring the program suits the American soccer system of development.

So How Will My Player Benefit from This Partnership?

1 - Consultancy & Coach Education

2 - The SAINTS Technical Center

Consultancy & Coach Education

Sure, having Southampton FC as a potential pathway for one of our players is exciting and the dream, but this really doesn't rank that high in what the partnership offers. This partnership offers Hotspurs hands on experience and consultancy at a level many clubs just don't have access too. The real meat in the partnership is how our programming will improve- coach education and consultancy is exactly how your player will benefit. Not just some fancy summer camp, but Southampton FC's academy staff will consult and ensure our program is something they are willing to endorse and put their name to.

The Southampton (THE SAINTS) Technical Center

The SAINTS technical center will be the first of its kind in the city of Pittsburgh. This exciting new program will be developed and consulted on with Southampton FC. Its goal will be to refine technique and give players hands on experience on specific positions within the game (i.e. training designed specifically for each position such as center forwards, wide forwards, central midfielders, center backs, fullbacks, goalkeepers, etc.). The centerpiece of Pittsburgh Saints Technical Centers will be the Technical/Tactical/ Functional training. Players in the T/T/F program will refine the technical skills put to use in the Hotspurs team training. Developed from the successful Elite Performance Consultancy programs, the Saints T/T/F curriculum has been developed in consultation with the Technical Staff at the Southampton FC Academy, one of the most successful youth programs in the world. Unlike other skills training, the T/T/F training places technical skills in their functional context: that is, the proper techniques are taught to solve specific problems faced by players in their positions. The curriculum coheres with the broader team curriculum, so players are learning skills that can be applied to problem solving in their team training. It is this optimization that gives Hotspurs players the advantage, and is unique about the Pittsburgh Saints program: unlike generic small group or individual training, the topics covered are presented in a logical, step-wise fashion to provide the building blocks for development of the top-level player.

Highlights include:

- Hotspurs site visit from the Southampton Academy staff accompanied with a report
- The Chance to Play in the Southampton FC Cup in Southern England and form tournament teams
- Coach Education and Webinars for all Hotspurs Coaches
- Access to The Coaching Manual (Southampton's Official Coach Education Website)
- Access to The Southampton Coach Education Seminar in Baltimore
- Access to other Southampton Member Clubs across the USA
- Access to Southampton Trained Coaches to come to the USA and work within Hotspurs SC



A Hotspur player must:

Have the **ATTITUDE** to always want to improve
Have the **DESIRE/LOVE** for the game at all levels
Have the **TALENT** to play the game (if the attitude and desire is there, the talent becomes less important)



A Hotspurs Parent Is:

Approachable
Encouraging & Positive at All Times
Able to see the future not focused on the present
Understanding
Trusting in the club to put the player first at all times

A Hotspurs Coach is a Gardener:

'Like flowers we cannot force our players to grow or improve, we can only provide the conditions to promote growth, if we provide the atmosphere and conditions for growth then the player will flourish'



The Hotspurs Development Pathway:

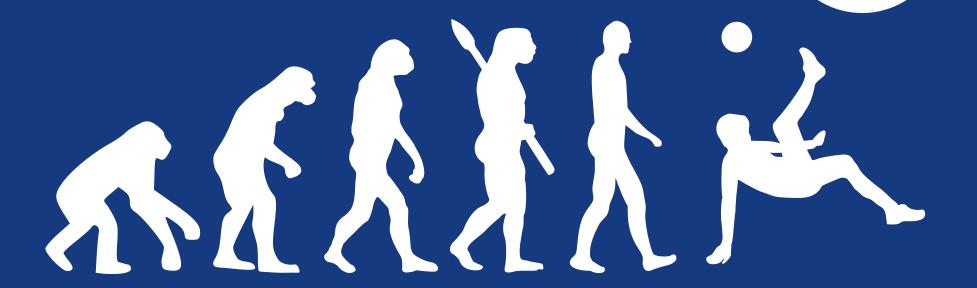
Curriculum & Method:

At the foundation of everything we do is the understanding that the child has come to Hotspurs because they enjoy playing the game of soccer. This cannot be forgotten and will not be forgotten. This means we won't sacrifice playing the game in our sessions; the game will make the players better. Our approach is very simple. We want the players to move the game forward, not us. We want the players to play like themselves not one of our coaching staff. The Hotspurs methodology is forward-thinking and like no other in the city. Key items shape the development pathway:

- 1 Playing for Hotspurs is a journey, where you will be passed from professional to professional through the club categories.
- 2 Coach rotations, every 2-3yrs. We will rotate the coaching staff, so each player receives a balanced education.
- 3 As you progress through the categories you will play in different, pre-planned ways which define the Hotspurs structure, each age category will have pre-defined standards which each player and coach will be held to.

Goals

We make sure all training practices have goals available to each teams practice. The right equipment to train is very important.





The Development Center

U6-U18 – The Development Center is our training only program. This runs alongside our team program and depending on the level of the player this programs aim is to give someone that wants supplemental training exactly that. This can be within its own group or training once a week with our established teams, this depends on the level of the player

The SAINTS Technical Center

As mentioned prior, the SAINTS (Southampton FC) technical center is a program designed to enhance the experience at all levels. This is a optional program which runs alongside all our team programs and gives those that want it a 3rd day of practice, any U13 or older player will be highly recommended to take part in this.

The **TECHNICAL, TACTICAL, FUNCTIONAL** methodology that underpins this program will give any player the chance to be trained in specific positions and this program will go a long way to separating Hotspurs as a market leader in the city of Pittsburgh.

No. of Practices in Fall & Spring 1

No. of Practices in Winter Per Week 1

No. of Games Per Week C

Cost \$150 for Fall & Spring

The HS Senior Program - U15-U19

The Senior Program = U13-U14

The Junior Academy = U11-12

The Academy (Teams) = U9-U10

No. of Practices	in
Fall & Spring	

No. of Practices in Winter Per Week

No. of Games Per Week:

Cost

The HS Senior Program

U15-U19 - 11v11 4-3-3 & 4-2-3-1 - At this level players are returning from High School play so managing schedule and work load is important. We begin to think about the body and preparing it in the build up to college. Tournament play is important at this level and our top teams will play regionally

2 Practices per week

1 practice in SAINTS T/C for Blue & White Teams

2

1 and sometimes 2

\$1740

The Senior Program

U13-U14 - 11v11 4-3-3 & 4-2-3-1 – The Senior Team Program is the last 2 full years before High School kicks in. The team focus begins at this age, going to more tournaments and competition to build the teams reputation and history to ensure U15-U18 is as quality as possible. This is where it begins to get serious and players are expected to have a 90% attendance at the very least and begin to focus primarily on soccer.

2 Practices per week

1 practice in SAINTS T/C for Blue & White Teams

2

1 and sometimes 2

\$1975

The Junior Academy

U11-12 - 9v9 - 3-2-3 - The Junior Academy Teams are our transitional years. These teams are separated into A and B teams but we use the player pass to move players as much as possible. Our goal is to improve the group so that come U13 the squad is as deep as possible in quality. While we want the indiviual team to be as successful as possible its also as important for the group to improve as a whole.

2 Practices

1 Optional Practice in the SAINTS Technical Center

2

1

\$1550

The Academy (Teams)

U9-U10 - 7v7 - 2-3-1 - The Academy Teams are the first step of our team program. Although we classify these groups as teams, the emphasis is still on the individual at this age, giving them the skills to be as successful as possible. The training comprises of lots of games and small sided situations to challenge the player to solve problems rather than just giving them the answers.

2 Practices

Practice in the Technical
Center

1 - Late Saturday or Early so not to clash with community play

\$1150

The Goalkeeping Academy

Our GK program is a very important program to us. As our players get older our GK program changes with them. We have two parts to our GK program:

Part 1 – GK Training at practice, our head of GK's Mark Duffield will work with players over the course of the year at their practices, working within training practices themselves Mark will work with our Head coaches to monitor the development of each GK at U11-U18

Part 2 – GK Icon Training Academy – Hotspurs sends its GKs to the GK Icon Training Center. Held at Legends at Pitts Mills Mall. This program runs on a Sunday night and is a separate GK academy. It is an incentivized program where if the GK keeps a regular attendance it is paid for by Hotspurs SC (see table below)

Age Group	Cost of Prog - Fall	Cost of Prog - Winter	Cost of Prog - Spring	Amount Reimbursed	Attendance Required	No. GKs Per Session Per Trainer
U8-U10 (Beginners open to all)	\$100 – 8 wks	\$160 – 12 wks	\$125 – 10 wks	NONE	N/A	12-15
U11-U12 Teams Program	\$125 – 8 wks	\$200 – 12 wks	\$150 – 10 wks	Up to 50% - Reimbursed at the end of each season	50-75% = 50%	8-12
U13-U18 Teams Program	\$150 – 8 wks	\$220 – 12wks	\$175 – 10 wks	Up to 100%	75%> = 100%	5



Facilities:

At Hotspurs we have some of the best facilities in the city. Founders Field is our home base. All home games are played at Founders Field.

Lights

At Founders Field we have access to lights at our trainings, making sure all our teams can get the 1.5hrs of training in that they need to improve each night – not many clubs can boast that in the fall.

Goals & Equipment

We make sure all training practices have goals available to each teams practice. The right equipment to train is very important.

Dedicated Home Field

We pre-book our weekends of play so that Hotspurs teams always have a facility for home matches. This location is vital to building a club culture that we are very proud of. When you come to the field for games or practice you can feel the energy of the facility surround you

Safe & Secure

Founders field is a safe, secure location, with bathroom and meeting facilities. Parent meetings are frequently held in the meeting room at the field and offers the chance for teams to have team talks, chalk board sessions as well as get a roof over their head in case of rain or thunderstorms!



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