

PITTSBURGH HOTSPURS SC

‘HOTSPURS VISION’

Is to have long term player development at the forefront of everything we do. To this end our goal is to have 75% of our College Prep Phase players (U16-U19), to have been with the club at some point in the Foundation Phase U8-U12. Furthermore we want 50% of Hotspurs Grown players to make up our adult team programs.

‘HOTSPURS MISSION’

To play our role in the US Soccer development pyramid by always putting the player first. To ensure each and every player gets to play at their level to enhance their opportunity to develop, even if that means sending them to another program. We strive to think differently and consistently improve our program ensuring we play our part in the player development pathway set out by US Soccer.



‘HOTSPURS ID’

These are the Principles that identify a hotspurs player

H onesty
O pen & Transparent Communication Always
T eamwork
S triving for Excellence
P ositive & Passionate About the Game
U nderstanding
R esponsibility
S afety
S portsmanship
C ompeting
I nnovation
D evelopment First

LETTER FROM DIRECTOR

Dear Family,

We are excited that you are interested in joining our family. By joining the club you are joining exactly that, a family. It's important to us that you play for the badge.

We continually look to address the many issues we have encountered in the American soccer landscape. One way is by having a mapped out and planned journey of development.

We are constantly looking at the future and challenge all our players to look up to the stars while making sure their feet are firmly on the ground.

Should you have any questions please reach out to me directly. I look forward to working with your player and meeting you in the near future.

Sincerely yours,

Tom 'Tommo' Ovenden

Academy Director

coachtommo@hotspurs-soccer.com

THE DEVELOPMENT MODEL



THE
FIRST
TEAM



PRO DEVELOPMENT PHASE
WE TAKE THE BEST FROM EACH SITE

ACADEMY PROGRAM
U16 - U19

COLLEGE PREP
PHASE
U16 - U19

SQUAD SIZE 32 PER AGE GROUP

COLLEGE PREP
PHASE
U16 - U19

SQUAD SIZE 32 PER AGE GROUP

+
COMBINED TRAINING
SESSIONS,
FLUID ROSTERS,
EVENT CALENDAR
FEATURING
MATCHES AGAINST
ELITE YOUTH TEAMS
AND COLLEGE/
ADULT LEVEL
TEAMS, INTEGRATED
EXPERIENCES WITH
THE FIRST TEAM

PRE ACADEMY
PROGRAM
U13 - U15

YOUTH DEV
PHASE
U13 - U15

SQUAD SIZE 32 PER AGE GROUP

YOUTH DEV
PHASE
U13 - U15

SQUAD SIZE 32 PER AGE GROUP

+
IDENTIFICATION
PERIODS MONTHLY
COMBINED
TIERED TRAINING

JUNIOR ACADEMY
PROGRAM
U8 - U12

FOUNDATION
PHASE
U8 - U12

SQUAD SIZE 32 PER AGE GROUP

FOUNDATION
PHASE
U8 - U12

SQUAD SIZE 32 PER AGE GROUP

+
MULTIPLE
FESTIVALS
THROUGHOUT
THE YEAR

CITY SITE



HARMAR SITE



BUTLER SITE



LEARN MORE AT WWW.ARSENALFC-PGH.COM | WWW.HOTSPURS-SOCCER.COM

HOTSPURS ADULT MEN & WOMEN FIRST TEAM

TO DEVELOP YOU MUST ALWAYS HAVE

A GOAL

AT HOTSPURS THIS IS THE FIRST TEAM



At the top of our development model are our Adult First Teams. These teams give our players something to strive towards. As our players' age through our program we give our college-bound players somewhere to come back and play, while at the same time raising the profile of soccer locally.

And for our community, we have a membership program to grow in support of the top players in, and coming to, the Pittsburgh area.

HOW DO WE DEVELOP PLAYERS?

THE QUESTION REALLY IS
WHERE DO WE FOCUS?

always developing a positive mindset

Technique
first

↕

Develop the
body

↕

Tactics

always developing a positive mindset



THE PHASE MODEL V TRADITIONAL MODEL

WHAT ARE THE ISSUES WE ARE TRYING TO SOLVE??

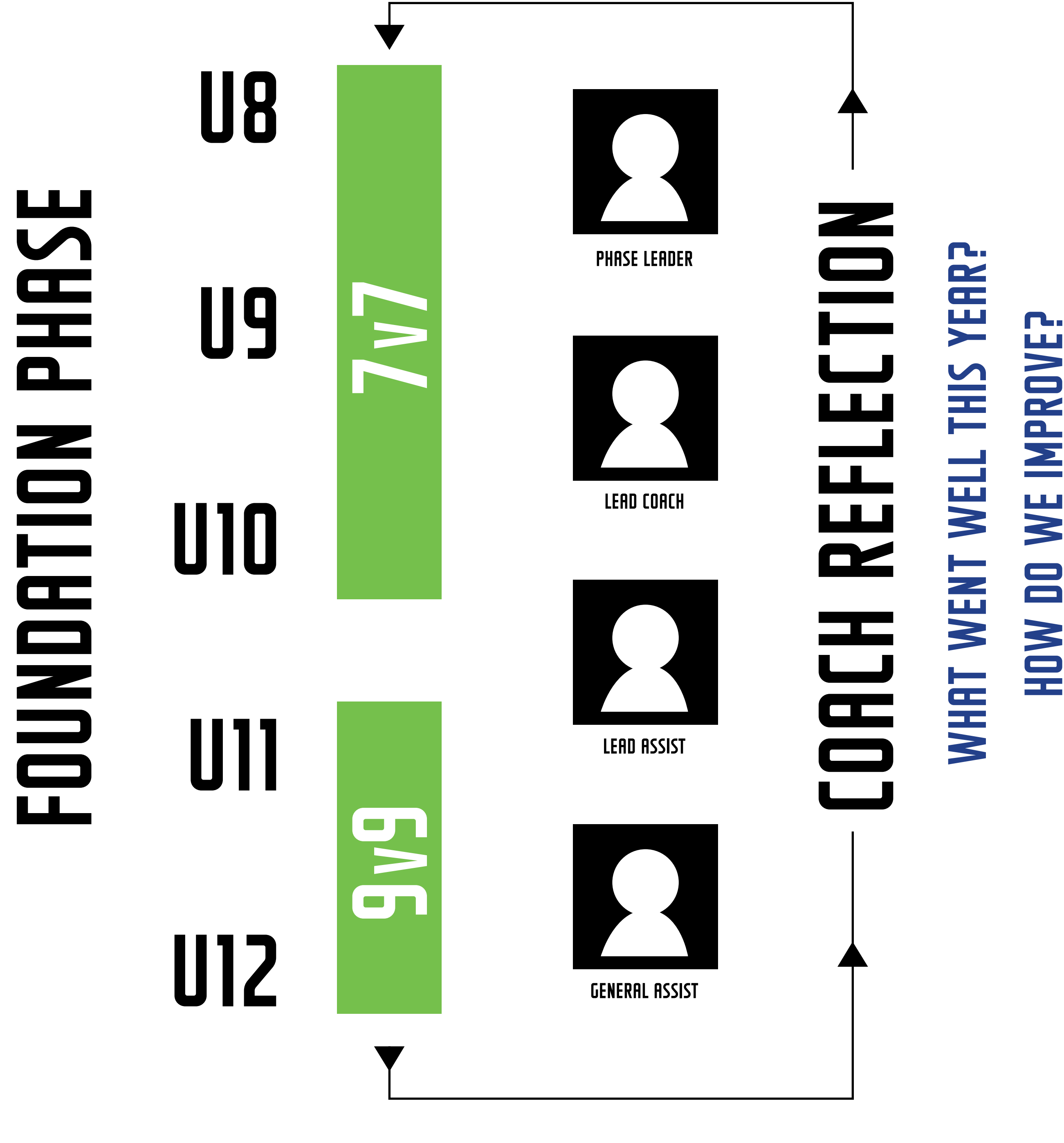
WE WANT
TO TAKE
AWAY
THE ROLL
OF A DICE
AS TO
WHETHER
YOU GET A
GOOD COACH
OR NOT



PLAYERS NEED MORE THAN ONE VOICE
OVER THEIR CAREERS AS PLAYERS

NOT ALL COACHES ARE SUITED FOR EACH
AND EVERY AGE GROUP

A TEAM OF COACHES ACCELERATES
PLAYER DEVELOPMENT



TRAIN TO LOVE THE GAME

Create the foundation - Create a love for the game - create a functional body that can move multi directions -

7v7 through to 9v9 - Train for the love

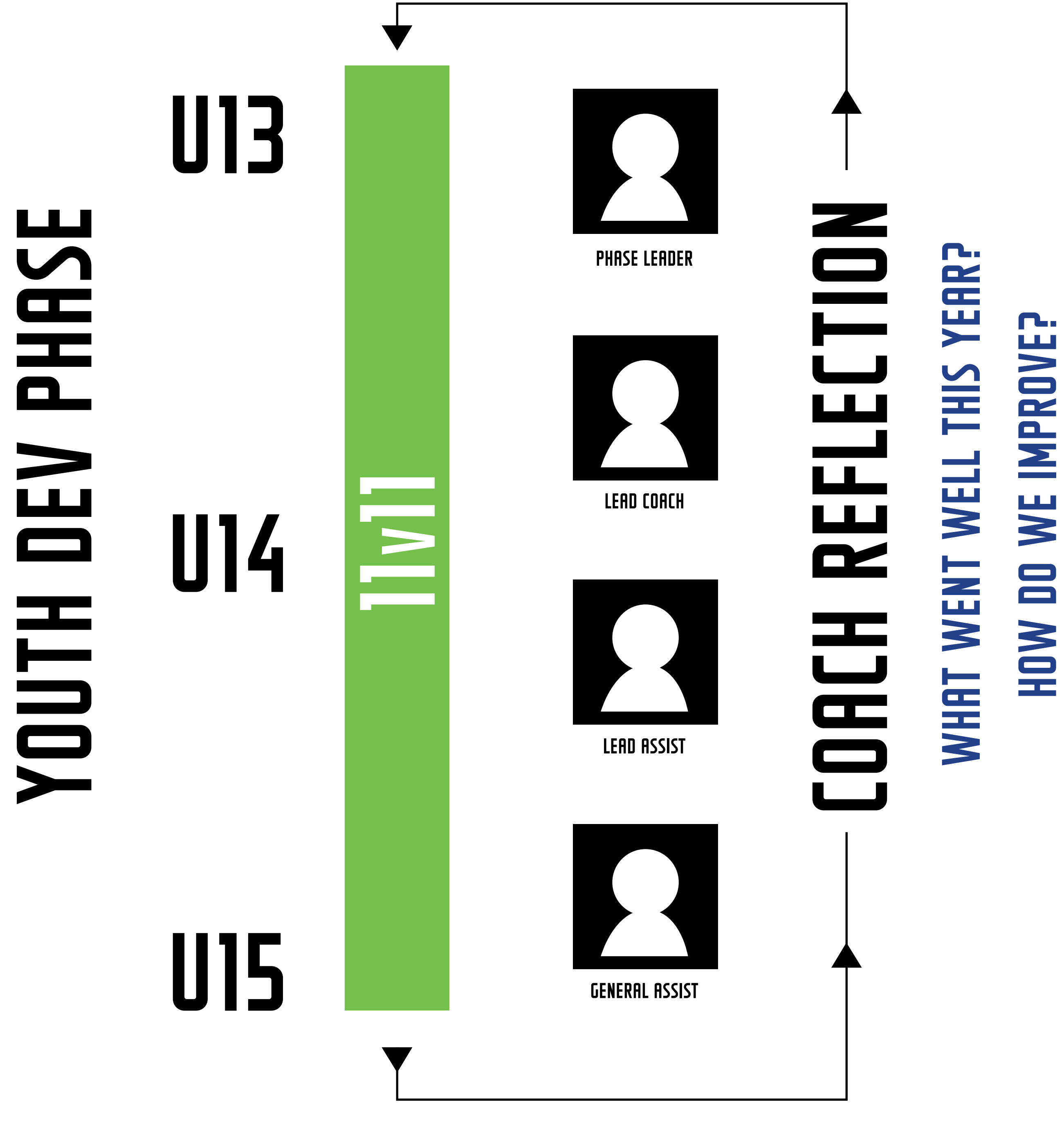
TRANSITION PERIOD

WHO IS COMING IN?

EVALUATIONS

WHAT ARE THEIR NEEDS?

MEET WITH PARENTS,
SET EXPECTATIONS.



TRAIN TO UNDERSTAND THE GAME

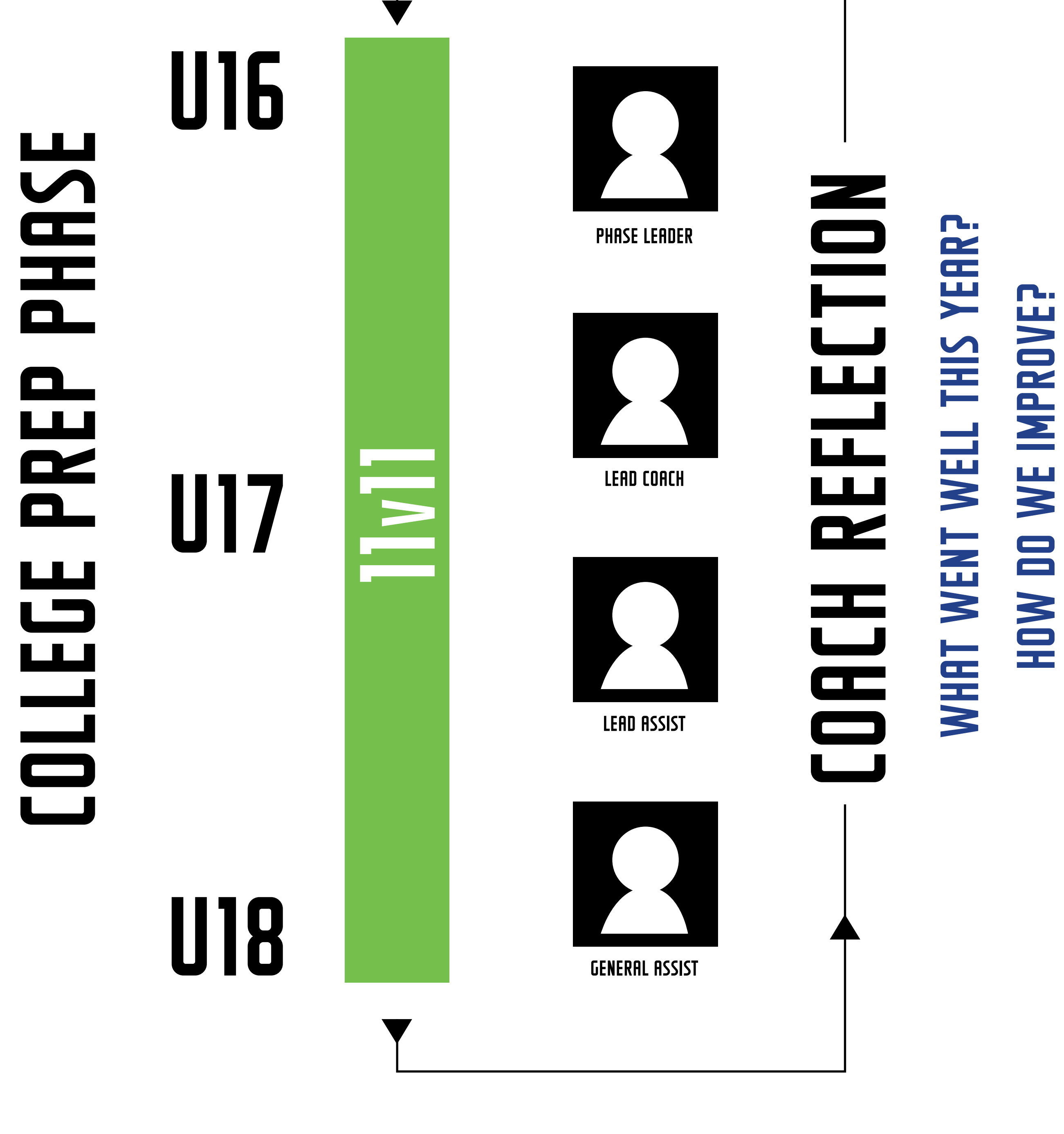
This is where the game transitions to 11v11 so we start to train the game itself

TRANSITION PERIOD

SET GOALS FOR COLLEGE

CLEAR EVALUATION OF
WHERE PLAYERS STAND

DETERMINE BEST
OPPORTUNITIES FOR EVERYONE



TRAIN TO WIN THE GAME

Training to win the game is uncovering what we understand about our team and ourselves that will enable us to perform our best, win games, and move on to our highest level.

WHO IS A SPURS COACH

A SPURS COACH HAS GREAT BALANCE
IN EVERYTHING HE OR SHE DOES

APPROACHABLE: A HOTSPURS COACH
WILL ALWAYS BE THERE FOR
THE PLAYER AND THE FAMILY

SERIOUS WHEN THEY NEED TO BE

GOOD DEMONSTRATOR

PASSIONATE ABOUT THE GAME

KNOWS THE PLAYER GETTING BETTER IS
MORE IMPORTANT THAN THE COMPETITIONS
WE WIN

GREAT SENSE OF HUMOR

A SPURS COACH IS NOT SELFISH. THEY
UNDERSTAND THE PLAYERS ARE NOT THEIRS,
THEY ARE THE CLUBS. THEY WORK FOR AND WITH
EACH OTHER TO BENEFIT THE MOST IMPORTANT
PERSON -- THE PLAYER.

SENDER COACH

Quality info - Demos - Positive Manner

RECEIVER PLAYER

Receiver is most important

OUTCOME

Positive Outcome - Player enlightened

PLAYER UNIFORMS

TRAINING KITS:



WARM UPS:



GAMEDAY KITS:



THE PLAYER HUB



OUR DIGITAL SUITE OF
RESOURCES TO SUPPORT AND
BOOST DEVELOPMENT AND
GIVES GREAT VISIBILITY FOR
PERSPECTIVE COLLAGES

COACHING MANUAL - DIGITAL
ONLINE HANDBOOK

VEO - VIDEO FOOTAGE OF
GAMES

MARKETPLACE - ONLINE PLAYER
HUB AND PROFILE RECRUITMENT

PITTSBURGH HOTSPURS FUTSAL

Futsal is a incubator for the game, it increases the number of actions per minute undertaken by the player which speeds up decision making.

Futsal is played with a weighted ball and does not allow players to hide, it is action packed fun for the winter played on a hard court.

*This is an optional program

DEC - Futsal practice begins

WEEK 1 & 2 - Training 1 per week and Futsal State Cup

JAN - Practices resumes after the holiday break

WEEK 3,4,5 - Practice 1 per week and 1 game at the weekend

FEB - Practice continues towards Regionals

WEEK 6 & 7 - Regionals for top performing teams



SPEED & STRENGTH

LEGENDS OF FITNESS SUPPORTS THESE PHASES



OPTIONAL EXTRA:

Weekly sessions in partnership with Legends of Pittsburgh Fitness gym & FSC.

1 weekly speed & strength session with Legends of Fitness Pittsburgh & FSC coaches (pick from 2 days)

2 open gym dates for supplemental work outs

Monthly seminar topics such as mobility, injury prevention

INCLUDED IN THE PROGRAM:

Winter speed & strength program

Phase specific warm up designed for this age group

Phase specific warm up designed prior to each session

Option to add additional legends sessions - see above

Foundation Phase - U8-U12
- Specific designed 30 min skills, strength and power SSP warm up - designed by James Gill Speed and Strength trainer At Bristol City FC england delivered at every session

FIRST
TEAM

PRO DEV
PHASE

COLLEGE
PREP PHASE

PLAYER SPECIFIC FOCUSED
MOVEMENT U16+

YOUTH
DEVELOPMENT PHASE

DEVELOPMENT OF MOVEMENT
EFFICIENCY U13/U15

FOUNDATION PHASE
BUILDING A FOUNDATION

FOUNDATIONS OF MOVEMENT U8/U12

COLLEGE RECRUITMENT WE TAKE THIS SERIOUSLY

FRESHMAN

1/ Begin to identify the players level with clear communication between staff

2/ Begin collating video & data on the player

SOPHOMORE

3/ Start narrowing down a shortlist of schools that could be a fit



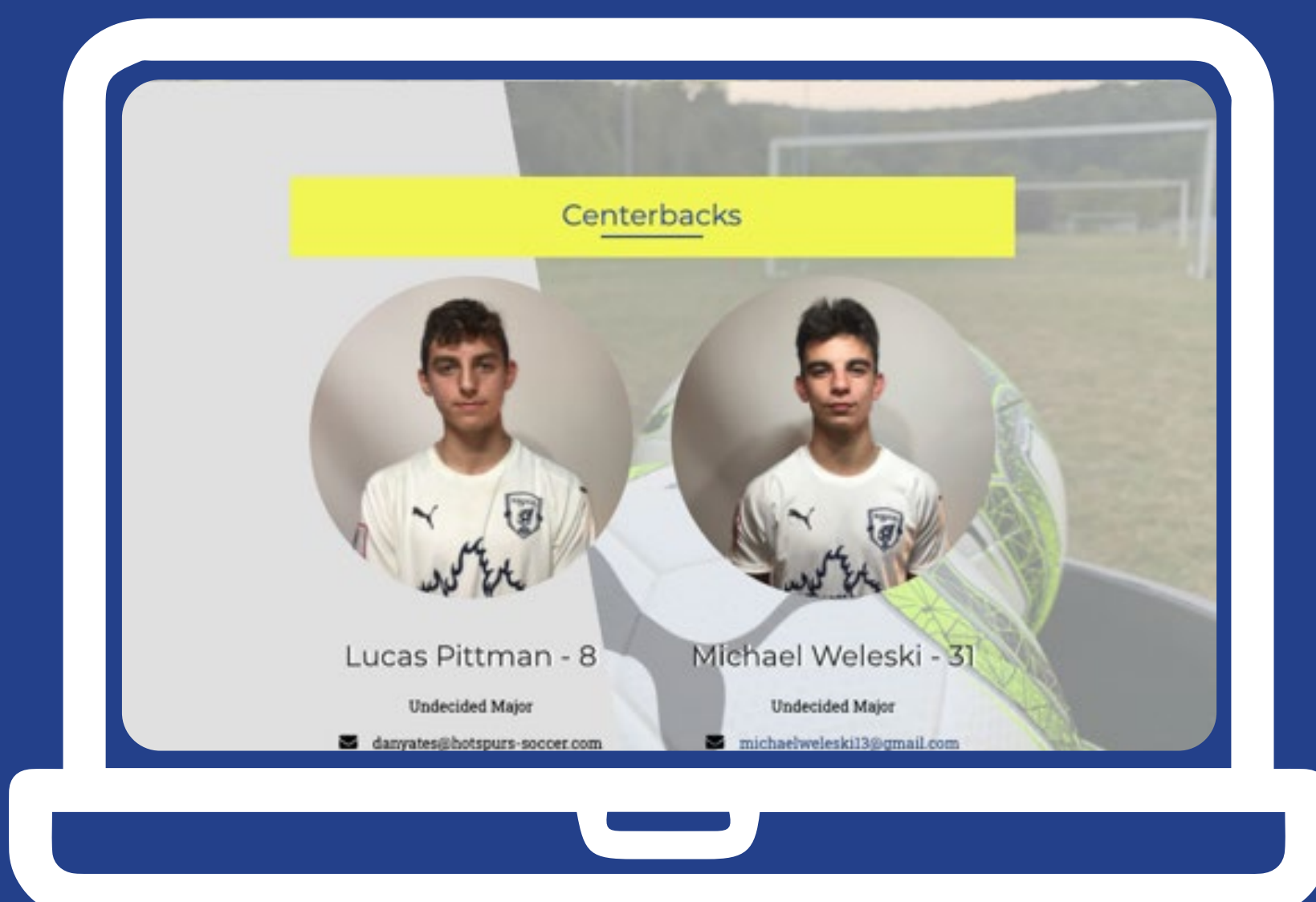
JUNIOR/SENIOR

4/ Showcase your talents online & in person

- Hotspurs College Showcase
- Hotspurs Digital Marketplace
- High & Mid level showcases out of state



VIDEO ANALYSIS - USING VEO, WE RECORD FOOTAGE FOR OUR PLAYERS AND HELP THEM PREPARE VIDEO CLIPS PROVIDING THEM GREATER TOOLS FOR ENGAGING WITH COLLEGE COACHES

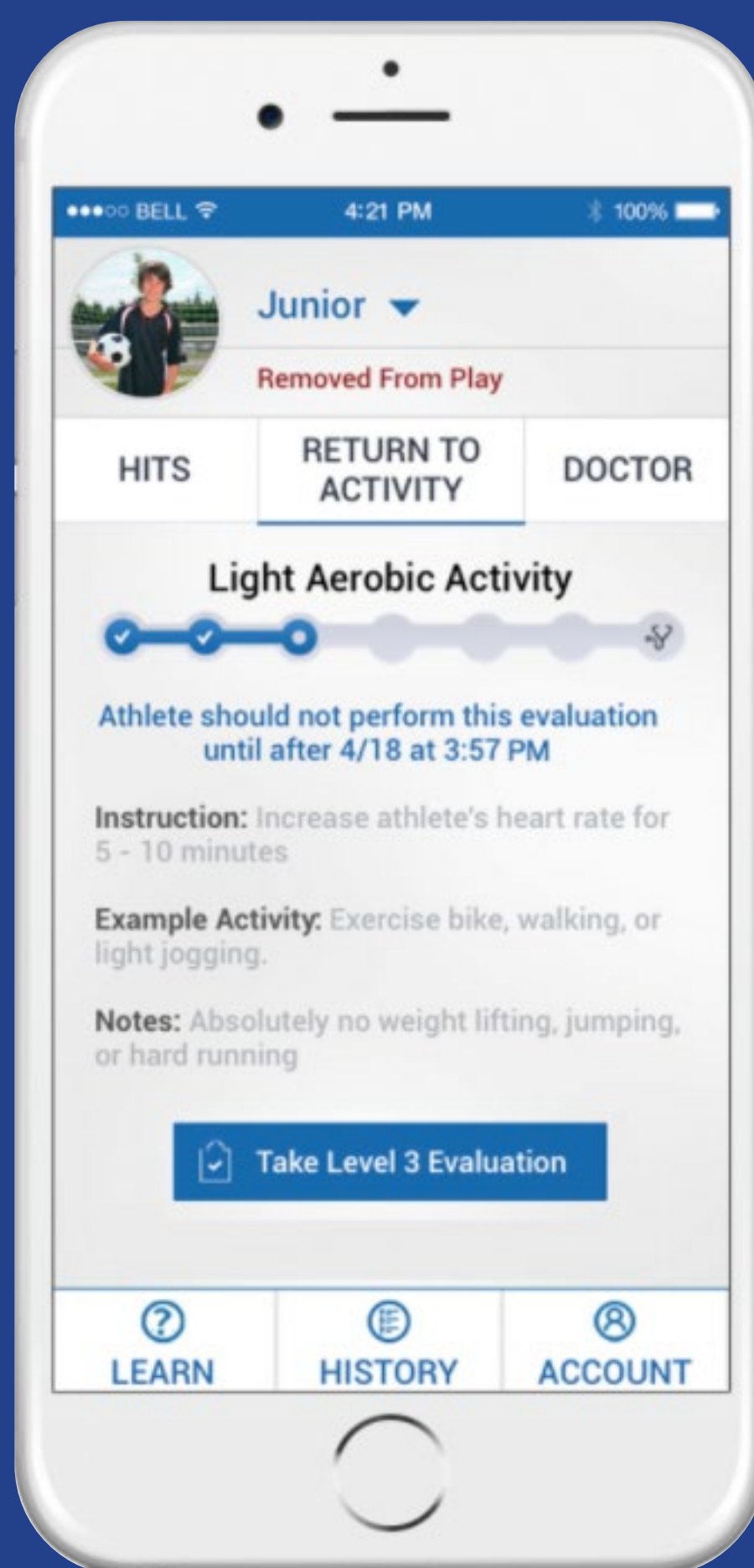


COLLEGE RECRUITMENT WE TAKE THIS SERIOUSLY

SPORTGAIT

All players receive
a baseline brain
physical at Legacy
Medical Centers
Pre Season

Any head injury at
practice or game
is recorded in the
app by the parent in
conjunction with the
coach at the activity



All players
families should
download
the app

A follow up is
scheduled at a
Legacy to compare
to the baseline
- additional
determined with
the medical team

The SportGait technology combined
with a doctors examination will take
out the guess work with where the
brain is at in its recovery.

BRING CLARITY TO THE QUESTION

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WHEN TO RETURN TO PLAY?



READY TO PLAY?

Find out more

WWW.HOTSPURS-SOCCER.COM