



Return To Play

Required Check Lists and Field Layout

Required Checklist – What Are They?

- The checklists are a quick reference of “must do” items.
- These will provide you with a handy guide to make sure you’re covering all the required bases.
- These checklists cover several important areas related to play.
 - Players and coaches
 - Parents and spectators
 - Referees
 - Admin/staff
- The items on these checklists are mandatory for every PA West Soccer league game and competitions.
- Clubs can be more restrictive but cannot be less restrictive.

Required Checklist – Players/Coaches

- Do not allow any team member(s) with symptoms to attend any event
- **If you are sick, feeling sick or have a temperature of 100 degrees or higher, you must not attend**
- Players and coaches should remain in their vehicles until the designated time to enter the facility (to allow teams and supporters at previous games to leave the facility and allow time for sanitation)
- **EVERYONE AT THE EVENT IS REQUIRED** to wear a face covering upon arrival
 - Face covering is to be worn over nose and mouth
- Players are **required** to social distance when not playing and to wear face coverings at all times when in the team technical area during games - Players may only remove face coverings when entering the game
- **Coaches are required** to wear face coverings at all times
- Specific areas will be marked for players around their team sideline and bench/technical area to provide for adequate social distancing for those players who are not on the field during competition
- **No early arrival and warm up in areas outside of the playing field prior to the game**
- Coaches and players should maintain social distancing during half time, water breaks and at all times when off the field of play

- Coaches and players should maintain “social distancing” in the “bench area” and in between games (i.e. do not congregate in groups on the sidelines and maintain 6 ft. apart from other groups)
- Players and coaches should bring their own hydration and food.
- Do not share water bottles, drinks or food or any personal items
- Hand contact of any kind will be prohibited (i.e. handshakes, ‘high fives,’ etc.)
- Soccer balls and equipment will be disinfected before and after each game by home team
- No spitting will be allowed on the field, sidelines, or anywhere on the event premise
- Coaches should possess player passes during the game - do not exchange documents with the referee(s) Pre-game will be to check equipment only. Coach will provide player info if requested by referee
- Teams should designate one or more of the coaches or team manager to pay close attention to players in the technical area to ensure they follow social distancing protocols
- Tents or tarps may be used only in the technical areas to shield players from the sun and heat - It is recommended to bring enough tents so that all players may be in the shade while still maintaining proper social distancing
- Cover your mouth when coughing or sneezing - recommended into the nape of the elbow
- Avoid touching eyes, nose, and mouth with hands
- Players or coach should sanitize their hands each time they come off the field and in between each game
- All coaches and players are reminded to launder clothes, uniforms, and vests upon return home
- Away team will be deemed to have won the coin toss

Required Checklist – Parents/Spectators

- Anyone with symptoms (fever, cough, etc.) must not attend any event
- Spectators and guests should bring personal hand sanitizer and wipes to the event
- All parents and spectators wear face coverings at all times
- It is **mandatory and required that all attendees** wear face coverings when in the facility including parking lots, common areas, and sidelines.
 - Face coverings must cover nose and mouth
- Spectators must follow clearly marked directional signage entrances and exits to the facility and at the fields to maintain proper social distancing
- Spectators and supporters will be located on the same side of field as the team they support to reduce interaction between competing teams and their supporters

- Spectators will be separated in clearly marked areas to comply with all social distancing guidelines that are six feet from each other
- All supporters should maintain “social distancing” (i.e. do not congregate in groups of 5+ (families only) on the sidelines and must maintain a minimum of 6 ft. apart from each other)
- Everyone is expected to cover their mouth when coughing or sneezing - recommended into the nape of the elbow
- Anyone feeling sick should leave the facility immediately and go home or seek a healthcare facility
- Avoid touching their eyes, nose, and mouth with their hands whenever possible
- Tents, tarps or large group structures will not be permitted in the spectator areas of sidelines (Only within technical areas for players and coaches)
- It is strongly recommended that people over 65 and/or with pre-existing conditions avoid attending
- It is strongly recommended that players have minimal number of supporters on site

Required Checklist - Referees

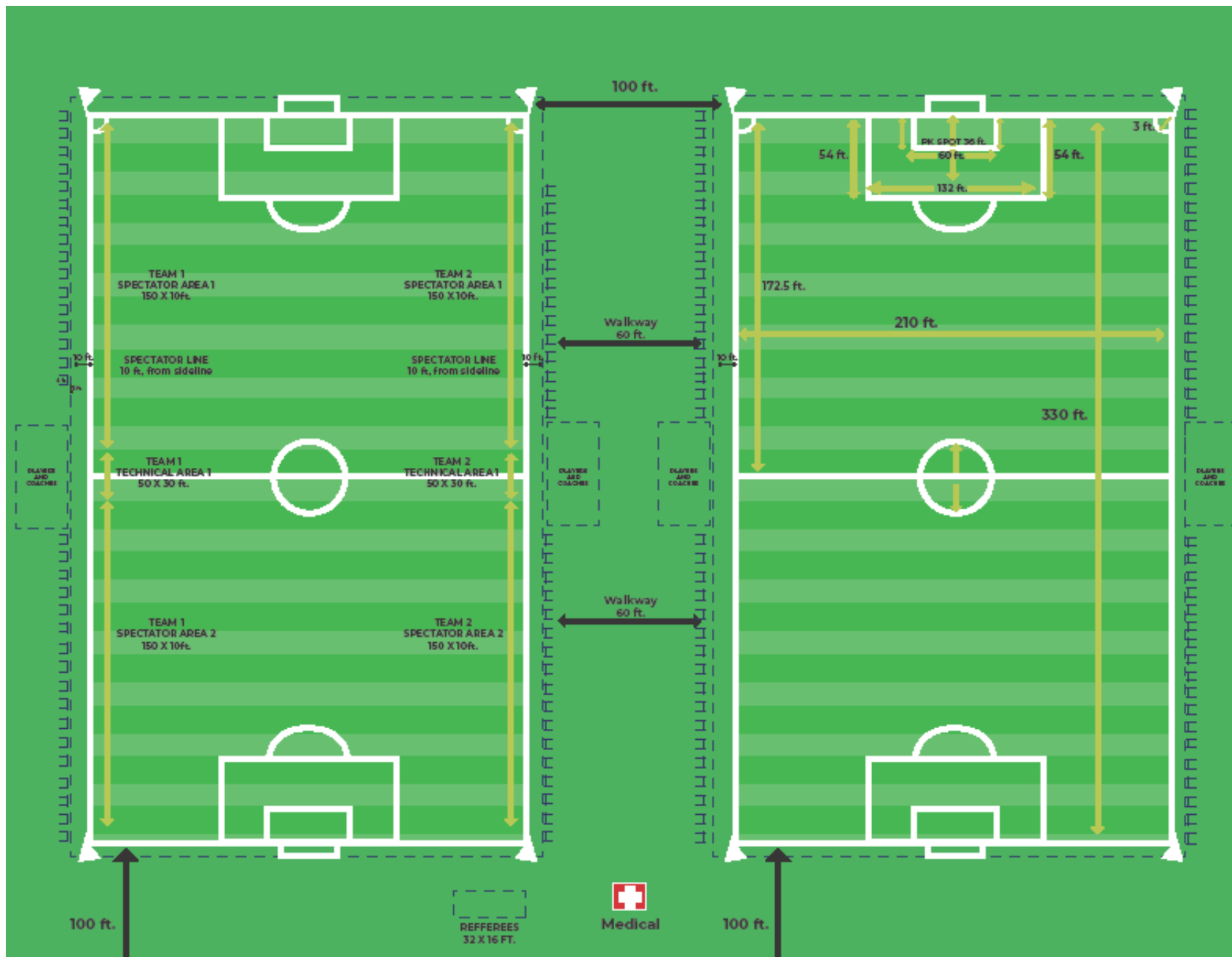
- Anyone with symptoms must not work any event
- All referees should check their temperature prior to leaving for their first game each day
- All referees are **required** to wear face coverings while moving between the parking lot and the fields
- Referees in **common areas** must wear masks at all times, unless during gameplay or while properly social distancing as an alternate referee
- Referees must cover their mouth when coughing or sneezing - recommended into the nape of the elbow
- Physical contact of any kind will be prohibited (i.e. handshakes, “high fives”, etc.)
- May use artificial or electronic noise makers rather than whistles
- All referees should launder clothes and uniforms after activities each day
- Referees should not exchange documents - Coaches should possess player passes during the game
- No coin toss – away team is deemed to have won the toss.

Required Checklist – Admin/Staff

- Anyone with symptoms must not work game day
- All staff should take their temperature before reporting on game day
- Anyone feeling sick during an event must leave immediately after informing club leadership
- All staff will wear protective gloves when disinfecting the facility
- All staff **must** wear face coverings throughout the event, changing them as needed
- All staff must cover their mouth when coughing or sneezing - recommended into the nape of the elbow
- Assigned staff will be responsible for sanitizing all defined public areas (i.e. porta-john handles/doors, tents, golf carts, etc.)

Fields







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- Any Questions?